



Lymington Dementia Action Group

www.lymington.com/dementia



Do you want to do something rewarding in Lymington and Pennington?

By just offering a little of your time to the Lymington Dementia Action Group, together we can make a tremendous difference here in our community. We would be grateful for whatever time you can spare.

Our objective is to improve dementia awareness in Lymington and Pennington via a programme of local events this year.

Full support will be provided and you need no previous experience. We need people passionate, reliable, enthusiastic, approachable and caring with a sunny disposition!



If you feel this is you then please get in touch.

Email: tim@dementiafriendlylymington.co.uk or call **07940 164 954**